

Sing!

John Wesley Oldham

Sing for Joy!
Sing with intention,
List'ningly, from the heart,
for peace.
With integrity,
for harmony,
for Love,
for healing.

Carefully,
with respect for life,
for the fun
and the laughter,
for your life!

Sing gently,
with serenity,
with vitality, wonder and awe.
Sing soulfully,
knowing that we are one.

With gratitude, in the spirit of Namaste!
Lustily, with good courage,
lift your voice with strength.

But above all
Sing!